



Welcome

Choose one of the following:

- Name one virtue that kids seem to display better than adults.
- What's your go-to comfort food when you're having a rough day?

Worship

As a Life Group, play a worship song aloud and silently listen to the lyrics. Then, share which line of the song stood out the most and why.

Word

(If you haven't already, watch the video lesson and read Colossians 3:12-17)

1. Read **Colossians 3:12; Deuteronomy 7:6-8; 1 Peter 2:9; and 1 John 3:1**. What does it mean to be a chosen, holy, and loved people?

2. In Colossians 3:12 , why is it important that Paul starts with who we are before he tells us what to do?
3. Identify the virtues that Paul lists in <i>Colossians 3:12-14</i> and how you personally define each one. Which virtue comes most naturally to you and which is more difficult for you?

4. Read <i>Colossians 3:14</i> along with <i>Matthew 5:43-48; Galatians 5:14; and 1 John 4:7-12</i> . Why is love the ultimate virtue? How does love transform how we express the other virtues?
5. How do Colossians 3:15: John 14:27: Romans 15:5-6: and Philippians 4:6-7 describe the

6. How does praise and worship help "the message of Christ dwell" in us (<i>Colossians 3:16</i>)?
7. Why is it difficult to do everything "in the name of the Lord Jesus" (<i>Colossians 3:17</i>)? What
habits or practices can help us consistently live and act in the name of Jesus throughout our day?

Witness

When you think about the upcoming week, who in your life might benefit from seeing the virtues listed in *Colossians 3:12-14* lived out through your example? Also, review your group's outreach plans and update one another on the person for whom you are praying.

Personal Reflection & Deeper Study for this Week

- Memorize either Colossians 3:14 or Colossians 3:14, 17.
- Read Colossians 3:12-14; Romans 8:28-30; 2 Corinthians 5:16-21; Galatians 3:23-29; Ephesians 2:4-10; 4:1-6, 20-24. Based on these references...
 - o What do the passages say about who you are in Christ?
 - o What virtues are included (or implied) in the passages?
 - o How is identity related to virtues?
 - o How does our identity in Christ motivate us to grow in character/integrity?
- Read Colossians 3:13; Psalm 103:10-14; Matthew 6:14-15; 18:21-35; Luke 23:34;
 Ephesians 4:32. Based on these references...
 - o How would you define "forgiveness"?
 - o What does it mean to "forgive as the Lord forgave you"?
 - o What does forgiveness require, and what does it release?
 - o How can you get better at forgiveness?
- Read Colossians 3:15 and Ephesians 2:14-18.
 - o How are the passages alike?
 - o How are the passages different?
 - o How does the peace of Christ bring unity?
 - o Where do you see this kind of unity in today's world?